

BAGEL BAR EAST

PLAIN | ONION | SESAME | EVERYTHING | WHOLE WHEAT | EGG | GARLIC | RYE | CINNAMON RAISIN | POPPY | SALT | ASIAGO
BLUEBERRY | POWER | MARBLE | OAT BRAN | SEVEN GRAIN | PUMPERNICKEL | WHEAT EVERYTHING | JALAPEÑO CHEDDAR | BIALY

CLASSICS

BAGEL BAR SLAM | 17

TWO EGGS WITH CHOICE OF BACON, SAUSAGE OR HAM AND PANCAKES, FRENCH TOAST OR WAFFLE

CHALLAH FRENCH TOAST | 14

CORNFLAKE CRUSTED FRENCH TOAST | 15

ALMOND CRUSTED FRENCH TOAST | 15

PANCAKES | 14

ADD STRAWBERRIES, BLUEBERRIES OR CHOCOLATE CHIPS - \$2

BELGIAN WAFFLE | 14

ADD STRAWBERRIES, BLUEBERRIES OR CHOCOLATE CHIPS - \$2

SILVER DOLLAR PANCAKES | 13/14

TEN OR FIFTEEN

CHICKEN & WAFFLES | 16

CRISPY FRIED CHICKEN ATOP A HOMEMADE BELGIAN WAFFLE

BAGELS

BUTTER OR JELLY | 4

PLAIN CREAM CHEESE | 5

CHIVE CREAM CHEESE | 6

VEGETABLE CREAM CHEESE | 6

NOVA SPREAD | 8

SLICED CHEESE | 10

CHOICE OF CHEDDAR, MUENSTER, AMERICAN, SWISS, PROVOLONE OR MOZZARELLA

FISH PLATTERS

HAND-SLICED FISH SERVED WITH CAPERS, OLIVES, LEMONS, LETTUCE, TOMATO, ONION, CREAM CHEESE AND BAGEL CHIVE OR VEGGIE CREAM CHEESE - ADD \$1⁵⁰

NOVA | 20

WHITEFISH CHUNK | 21

SALTY BELLY LOX | 20

STURGEON | 21

BAKED SALMON | 21

SABLE | 21

FISH FOR TWO | 37

CHOICE OF TWO:

NOVA, LOX, WHITEFISH, SABLE, STURGEON OR BAKED SALMON
INCLUDES TWO BAGELS

FISH FOR THREE | 53

CHOICE OF THREE:

NOVA, LOX, WHITEFISH, SABLE, STURGEON OR BAKED SALMON
INCLUDES THREE BAGELS

AVOCADO TOAST

GREEK AVOCADO TOAST | 16

SOURDOUGH TOAST TOPPED WITH AVOCADO, FETA, CUCUMBER, RED ONION, EVOO AND EVERYTHING BAGEL SEASONING

ITALIAN AVOCADO TOAST | 16

SOURDOUGH TOAST TOPPED WITH AVOCADO, MOZZARELLA, TOMATO AND BALSAMIC GLAZE

EGGS

HOME FRIES, TOMATOES, GRITS OR OATMEAL

BREAKFAST PLATE | 11

THREE EGGS FRIED, SCRAMBLED OR POACHED
BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER
ADD BACON, TURKEY BACON, HAM, SAUSAGE OR TURKEY
SAUSAGE - \$3
ADD TAYLOR HAM - \$4

NOVA, ONIONS & EGGS | 15

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

STURGEON, ONIONS & EGGS | 15

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

CORNED BEEF HASH & EGGS | 16

BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

BREAKFAST SANDWICH | 10

EGGS ANY STYLE

ADD CHEESE - \$1

ADD BACON, TURKEY BACON, HAM, SAUSAGE OR

TURKEY SAUSAGE - \$2

ADD TAYLOR HAM - \$4

CLASSIC EGGS BENEDICT | 17

POACHED EGGS WITH CANADIAN BACON SERVED
OVER A TOASTED ENGLISH MUFFIN TOPPED WITH
HOLLANDAISE SAUCE

ADD NOVA - \$3

FLORENTINE EGGS BENEDICT | 15

POACHED EGGS WITH SPINACH AND TOMATO
OVER A TOASTED ENGLISH MUFFIN TOPPED WITH
HOLLANDAISE SAUCE

STEAK & EGGS | 19

EGGS ANY STYLE SERVED WITH A NEW YORK STRIP

BREAKFAST BURGER | 16

8OZ BURGER TOPPED WITH AMERICAN CHEESE, BACON
AND AN OVER EASY EGG

POWER WRAP | 13

SCRAMBLED EGG WHITES WITH TOMATOES, MUSHROOMS,
SPINACH AND SWISS CHEESE

BREAKFAST BURRITO | 14

SCRAMBLED EGGS WITH SAUSAGE, CHEDDAR CHEESE AND
GRILLED ONIONS TOPPED WITH SOUR CREAM AND SALSA

PROTEIN WRAP | 14

FIVE EGG WHITES WITH FRESH TURKEY

MATZO BRIE | 13

SERVED WITH APPLESAUCE OR SOUR CREAM

ADD ONIONS - \$1

ADD NOVA OR LOX AND ONIONS - \$3

FRUIT

TROPICAL FRUIT SALAD | 16

HONEYDEW, CANTELOPE, PINEAPPLE, GRAPES, BANANAS
AND OTHER SEASONAL FRUITS TOPPED WITH HONEY AND
YOGURT, SERVED WITH HOMEMADE BANANA BREAD

HALF CANTELOPE OR HONEYDEW | 13

STUFFED WITH COTTAGE CHEESE

FRESH FRUIT | 9/13

CUP OR BOWL

YOGURT & FRUIT PARFAIT | 9

VANILLA YOGURT, STRAWBERRIES AND BLUEBERRIES
TOPPED WITH CRUNCHY GRANOLA

ACAI BOWL | 16

GRANOLA, ACAI, STRAWBERRIES, BLUEBERRIES, KIWI,
PINEAPPLE AND BANANA TOPPED WITH COCONUT FLAKES

OMELETTES

HOME FRIES, TOMATOES, GRITS OR OATMEAL
BAGEL OR BIALY WITH CREAM CHEESE OR BUTTER

CREATE YOUR OWN OMELETTE | 15

CHOOSE FOUR ITEMS:

MUSHROOMS	HAM	CHEDDAR
AVOCADO	BACON	MUENSTER
TOMATOES	TURKEY BACON	AMERICAN
PEPPERS	SAUSAGE	SWISS
ONIONS	TURKEY SAUSAGE	PROVOLONE
SPINACH	SALAMI	MOZZARELLA
BROCCOLI	CORNED BEEF	FETA
KALAMATA OLIVES	PASTRAMI	ASIAGO
	TURKEY	

FARMER OMELETTE | 15

HAM, BACON, SAUSAGE, GREEN PEPPERS, ONIONS
AND MUSHROOMS

IDAHO OMELETTE | 15

POTATO, BACON AND AMERICAN CHEESE

MEXICAN OMELETTE | 14

ONIONS, GREEN PEPPERS, TOMATOES AND CHEDDAR

EASTERN OMELETTE | 14

ONIONS AND GREEN PEPPERS

SPANISH OMELETTE | 14

OUR SPECIAL SPANISH SAUCE WITH ONIONS AND PEPPERS

GREEK OMELETTE | 14

SPINACH, CHOPPED ONIONS AND FETA

WESTERN OMELETTE | 15

HAM, PEPPERS AND ONIONS

VEGETARIAN EGG WHITE OMELETTE | 15

TOMATOES, ONIONS, GREEN PEPPERS AND MUSHROOMS

LOADED CHEESE OMELETTE | 15

CHEDDAR, MUENSTER, AMERICAN, SWISS, PROVOLONE,
MOZZARELLA, FETA AND ASIAGO

TAKE-OUT DELIVERY CATERING

305-895-7022

OPEN 7 DAYS A WEEK
6:30AM - 3:00PM

www.bagelbareast.com



DRINKS

FRESH SQUEEZED OJ | 8

FRESH SQUEEZED LEMONADE | 8

CRANBERRY JUICE | 4

MARTINELLI'S APPLE JUICE | 3

EXPRESSED JUICES | 7

VITA COCO | 6

PELLGRINO | 5

CELSIUS | 4

NEW YORK EGG CREAM | 4

DR BROWN'S SODA | 3

BOYLAN'S SODA BOTTLED | 3⁵⁰

MEXICAN COCA COLA BOTTLE | 4

REGULAR OR DECAF COFFEE | 3⁷⁵

ICED COFFEE | 3⁷⁵

ESPRESSO SINGLE OR DOUBLE | 3⁵⁰/4⁵⁰

CAPPUCCINO | 5⁵⁰

CAPPUCCINO W/CHOCOLATE | 5⁵⁰

LATTE | 5⁵⁰

MACCHIATO | 5⁵⁰

AMERICANO | 4⁵⁰

*ADD VANILLA, CARAMEL OR HAZELNUT | 1

UNSWEETEND ICED TEA | 3⁵⁰

HOT TEA | 3

AVOCADO SMOOTHIE | 8

AVOCADO PINEAPPLE SMOOTHIE | 8

MANGO SMOOTHIE | 8

PEANUT BUTTER POWER SMOOTHIE | 8

PINA COLADA SMOOTHIE | 8

STRAWBERRY SMOOTHIE | 8

STRAWBERRY BANANA SMOOTHIE | 8

VANILLA SHAKE | 8

CHOCOLATE SHAKE | 8

STRAWBERRY SHAKE | 8

OREO SHAKE | 8

APPETIZERS

GEFILTE FISH | 16

TWO PIECES WITH CARROTS, ONIONS AND HORSERADISH BAGEL OR BIALY WITH BUTTER

HERRING | 16

TWO PIECES WITH CREAM SAUCE AND A BAGEL

BLINTZES - THREE | 15

HOMEMADE CHEESE BLINTZES WITH SOUR CREAM, BLUEBERRY OR APPLE SAUCE

LATKES - THREE | 15

POTATO PANCAKES WITH SOUR CREAM OR APPLE SAUCE

KNISH | 8

POTATO, KASHA OR SPINACH

EMPANADAS | 4

CHICKEN, BEEF OR HAM AND CHEESE

STUFFED CABBAGE | 19

WITH MIXED VEGETABLES AND POTATO MASH

SOUPS

1/2 SANDWICH, CUP OF SOUP | 16

CHOICE OF MEAT OR SALAD SANDWICH

SOUP | 7/9

CUP WITH ONE BAGEL OR BOWL WITH ONE BAGEL

EVERYDAY | CHICKEN NOODLE MATZO BALL

MONDAY | POTATO LEEK

TUESDAY | MUSHROOM BARLEY

WEDNESDAY | LENTIL

THURSDAY | SPLIT PEA

FRIDAY | CLAM CHOWDER

SALADS

BAGEL OR BAGEL CHIPS AND BUTTER

DRESSINGS: RANCH, BLUE CHEESE, FETA VINAIGRETTE, HONEY MUSTARD, CAESAR, RUSSIAN, HERB VINAIGRETTE, FAT-FREE ITALIAN, OIL & VINEGAR

HOUSE GARDEN | 15

ICEBERG AND ROMAINE WITH TOMATOES, CARROTS AND CUCUMBERS

CHEF | 17

LETTUCE, TOMATOES, TURKEY, SALAMI, SWISS AND HARD BOILED EGGS

CLUB | 17

ICEBERG AND ROMAINE WITH CHUNKS OF FRESH TURKEY, BACON, TOMATOES AND EGG

CHOPPED | 17

ICEBERG AND ROMAINE WITH TURKEY, SALAMI, SCALLIONS, TOMATOES AND MOZZARELLA IN AN ITALIAN HERB VINAIGRETTE

GREEK | 17

ROMAINE WITH PEPPERS, OLIVES, RED ONION, PEPPERONCINI AND FETA IN A GREEK VINAIGRETTE
ADD GRILLED CHICKEN BREAST - \$2

ASIAN CHOPPED | 17

GRILLED CHICKEN, SESAME SEEDS AND CHINESE NOODLES SERVED OVER ROMAINE AND ICEBERG IN A SPICY ASIAN DRESSING

CAESAR | 17

ROMAINE WITH PARMESAN CHEESE AND CROUTONS IN A CAESAR DRESSING
ADD GRILLED CHICKEN BREAST - \$2

COBB | 17

SLICED GRILLED CHICKEN, BACON, CHOPPED EGGS, OLIVES, TOMATOES AND SHREDDED CARROTS OVER A BED OF LETTUCE

CHICKEN TENDER | 17

BREADED CHICKEN TENDERS, BLACK OLIVES, TOMATOES, CUCUMBERS AND CHEDDAR OVER ICEBERG

SPINACH | 17

MAHI MAHI, AVOCADO AND CRAISINS IN A MANGO VINAIGRETTE OVER FRESH SPINACH

YOUR WAY | 17

ICEBERG, TOMATOES, ONIONS, CUCUMBERS, PEPPERS, KALAMATA OLIVES AND CHOICE OF TUNA, WHITEFISH, EGG OR BAKED SALMON SALAD

MELON LOPE | 17

HALF A CANTELOPE OR HONEYDEW FILLED WITH TUNA OR CHICKEN SALAD

BAGELS WITH SALADS

POTATO SALAD, CUCUMBER SALAD, MACARONI SALAD OR SLAW AND PICKLE - LETTUCE, TOMATO, ONION UPON REQUEST

WHITEFISH SALAD | 17

BAKED SALMON SALAD | 17

WHITE MEAT TUNA SALAD | 17

CRAISIN DILL TUNA SALAD | 17

CHICKEN SALAD | 17

EGG SALAD | 17

CHOPPED LIVER SALAD | 17

SMOKED WAHOO SALAD | 17

COMBO PLATTER | 17

CHOICE OF PLAIN, CHIVE, VEGETABLE OR NOVA CREAM CHEESE AND TWO SALADS

WRAPS

WHITE, WHEAT OR SPINACH WRAP
POTATO SALAD, CUCUMBER SALAD, MACARONI SALAD OR SLAW AND PICKLE
SUBSTITUTE FRIES OR SWEET FRIES - \$2

TUNA SALAD | 17

CHICKEN SALAD | 17

WHITEFISH SALAD | 17

BAKED SALMON SALAD | 17

EGG SALAD | 17

CHICKEN CAESAR SALAD | 17

TURKEY BLT | 17

TURKEY AVOCADO | 17

TUNA MELT | 17

TUNA SALAD WITH AMERICAN CHEESE

CLUB | 17

FRESH TURKEY, BACON, LETTUCE AND TOMATO

GREEK GRILLED CHICKEN | 17

GRILLED CHICKEN, FETA, OLIVES, RED ONIONS, PEPPERONCINI AND ROMAINE WITH FETA VINAIGRETTE

VEGETARIAN | 17

CUCUMBERS, CARROTS, TOMATOES, ASSORTED PEPPERS, ONIONS, BLACK OLIVES AND LETTUCE

NOVA | 18

HAND-SLICED NOVA, CREAM CHEESE, LETTUCE, TOMATOES, ONIONS AND CAPERS (NOT GRILLED)

REUBEN OR RACHEL | 19

CORNED BEEF, PASTRAMI OR TURKEY WITH SAUERKRAUT, RUSSIAN DRESSING AND SWISS

PHILLY STEAK | 17

ROAST BEEF WITH MUSHROOMS, ONIONS, GREEN PEPPERS AND PROVOLONE

CHICKEN PHILLY | 17

GRILLED CHICKEN WITH MUSHROOMS, ONIONS, GREEN PEPPERS AND PROVOLONE

SLOPPY JOE | 17

CORNED BEEF AND PASTRAMI WITH SLAW, RUSSIAN DRESSING AND SWISS

BUFFALO CHICKEN | 17

CRISPY CHICKEN TENDERS TOSSED WITH HOT SAUCE
LETTUCE, TOMATOES, SWISS AND RANCH DRESSING

ITALIAN | 17

HAM AND GENOA SALAMI WITH PROVOLONE, LETTUCE, TOMATOES, RED ONION AND ITALIAN DRESSING

BURGERS & MORE

BUILD YOUR BURGER | 15

CHOOSE YOUR BURGER

BEEF | TURKEY | VEGGIE

CHOOSE YOUR CHEESE | \$1

AMERICAN | CHEDDAR | PROVOLONE
MOZZARELLA | SWISS | MUENSTER

ADD TOPPINGS | \$1 PER ITEM

MUSHROOMS | ONIONS | GREEN PEPPERS | BACON

PATTY MELT | 17

CHEESEBURGER WITH SAUTEED ONIONS ON GRILLED RYE

SLIDERS | 16

THREE MINI HAMBURGERS WITH FRIES

CHICKEN FINGERS | 16

LIGHTLY BREADED, FRIED CHICKEN STRIPS WITH BARBECUE OR HONEY MUSTARD SAUCE

HEBREW NATIONAL HOTDOGS | 16

TWO WITH FRIES OR BAKED BEANS

HEBREW NATIONAL FOOTLONG HOTDOG | 12

WITH FRIES OR BAKED BEANS

NATHAN'S MINI HOTDOGS | 14

THREE MINI HOTDOGS WITH FRIES

WINGS | 17

SERVED WITH FRIES, CELERY STICKS AND BLUE CHEESE
HOT SAUCE, BARBECUE OR RANCH

MAHI MAHI SANDWICH | 18

GRILLED TO PERFECTION AND SERVED ON A KAISER ROLL
WITH LETTUCE AND TOMATOES, FRIES AND SLAW

DELI SANDWICHES

POTATO SALAD, CUCUMBER SALAD, MACARONI SALAD OR SLAW AND PICKLE - SUBSTITUTE FRIES OR SWEET FRIES - \$2

TONGUE | 20

HARD SALAMI | 18

HOT PASTRAMI | 19

HOT CORNED BEEF | 19

HOT BEEF BRISKET | 19

ROAST BEEF | 19

TURKEY PASTRAMI | 19

FRESH TURKEY BREAST | 19

DELI TURKEY | 17

SOFT SALAMI | 17

GENOA SALAMI | 17

BAKED HAM W/CHEESE | 16

CORNED BEEF & PASTRAMI | 19

TWIN ROLLS | 17/18

TWO OR THREE ROLLS WITH ANY SALAD OR MEAT

NEW YORKER ON MIAMI BEACH | 19

STACKED CORNED BEEF WITH COLESLAW,
RUSSIAN DRESSING AND SWISS

MONTE CRISTO | 19

HAM, TURKEY AND MELTED SWISS ON FRENCH TOAST

DELI SPECIAL | 19

BRISKET, COLESLAW, RED HORSERADISH, RUSSIAN

DRESSING AND SWISS ON RYE

BLT | 14

BACON, LETTUCE AND TOMATO

TURKEY CLUB | 18

BACON, LETTUCE AND TOMATO

EGG SALAD CLUB | 18

BACON, LETTUCE AND TOMATO

TUNA & EGG SALAD CLUB | 18

BACON, LETTUCE AND TOMATO

TUNA & HARD BOILED EGG CLUB | 18

BACON, LETTUCE AND TOMATO

GRILLED SANDWICHES

POTATO SALAD, CUCUMBER SALAD, MACARONI SALAD OR SLAW AND PICKLE - SUBSTITUTE FRIES OR SWEET FRIES - \$2

OUR FAMOUS REUBEN | 19

CORNED BEEF, PASTRAMI, TURKEY OR TURKEY PASTRAMI WITH SAUERKRAUT, RUSSIAN DRESSING AND MELTED SWISS ON RYE

TUNA REUBEN | 19

SOLID WHITE TUNA, SAUERKRAUT, MUENSTER AND RUSSIAN DRESSING ON RYE

CHICKEN CAESAR | 17

GRILLED CHICKEN BREAST TOPPED WITH ROMAINE,
PARMESAN AND CAESAR DRESSING

GRILLED CHICKEN BREAST | 15

ADD CHEESE - \$1

ADD BACON OR TURKEY BACON AND CHEESE - \$3

ADD MUSHROOMS, ONIONS AND CHEESE - \$2

GRILLED CHEESE | 10

ADD TOMATOES - \$1

ADD BACON, TURKEY BACON OR HAM - \$2

ADD BACON, TURKEY BACON OR HAM AND TOMATOES - \$3

PHILLY STEAK | 17

ROAST BEEF WITH MUSHROOMS, ONIONS, GREEN PEPPERS
AND PROVOLONE

PHILLY CHICKEN | 17

GRILLED CHICKEN WITH MUSHROOMS, ONIONS, GREEN
PEPPERS AND PROVOLONE

TUNA MELT | 18

TUNA SALAD WITH AMERICAN ON RYE

TURKEY MELT | 17

FRESH TURKEY WITH AMERICAN ON RYE

ROAST BEEF MELT | 17

ROAST BEEF WITH AMERICAN ON RYE

CUBAN | 17

HAM, DELI PORK, SWISS, SOUR PICKLES AND MUSTARD
HOT PRESSED

SWEETS

BANANA BREAD | 5

MUFFINS | 5

CRUMB CAKE | 5

CINNAMON BUN | 5

DANISH | 6

BROWNIE | 6

RUGELACH | 1⁵⁰

LINZER TART | 1⁵⁰

HAMANTASCHEN | 1⁵⁰

RAINBOW CAKE | 1⁵⁰

SPRINKLE COOKIE | 1⁵⁰

ALMOND HORN | 1⁵⁰

CHOC CHIP COOKIE | 5

BLACK AND WHITE COOKIE | 6

SMILEY COOKIE | 6

OATMEAL COOKIE | 5

RASPBERRY BUTTER COOKIE | 1⁵⁰

SEVEN LAYER CAKE | 8

JUNIOR'S NY CHEESECAKE - PLAIN, CHOCOLATE, RASPBERRY SWIRL OR RED VELVET | 8